



REFLEXOLOGY

Reflexology involves the application of pressure & muscle manipulation to specific reflex areas in the feet, hands, & face which correspond to different organs, glands & parts of the body to address specific issues. Reflexology is a safe, gentle & non-invasive therapy, suitable for people of all ages. Some benefits of reflexology include:

- Promotion of balance, peace, & calmness
- Improves circulation
- Can boost energy levels

INVESTMENT OPTIONS

Service	Member Rate	Non-Member Rate
60-minute Foot Reflexology	\$65	\$70
60-minute Foot Reflexology w/ Stones	\$70	\$75
90-minute Foot & Hand Reflexology	\$95	\$100
90-minute Foot & Hand Reflexology w/ Stones	\$100	\$105
60-minute Face Reflexology	\$65	\$70
90-minute Face Reflexology w/ Jade Stone Therapy	\$100	\$105

To schedule: 478.394.0427 or visit <https://hhr-wellness.com> to schedule an appointment.

Cancellation Policy: Appointment "no shows" will be charged 50% of service rate. Appointments cancelled with less than 24 -hours notice will be charged 25% of service rate. If you need to reschedule, we are more than happy to help you do so with at least 24-hours notice. A credit card is required for your 1st booking. We thank you for honoring this.

Reflexology gift certificates make the perfect gift for family, friends and loved ones!

Available at the front desk of the Wellness Center.

Atrium Health Navicent employees may payroll deduct services and/or gift certificate purchases.

