



MASSAGE THERAPY

Massage Therapy enhances the function of joints and muscles, improves circulation and general body tone, and relieves mental and physical fatigue. All services can be tailored to your needs. Massage Therapy is successful in relieving:

- General muscular tension and aches
- Chronic pain and musculoskeletal injuries
- Tension headaches
- Stress and anxiety

INVESTMENT OPTIONS

Service	Member Rate	Non-Member Rate
<i>30-minute Therapeutic Massage</i>	\$45	\$45
<i>60-minute Therapeutic Massage</i>	\$65	\$70
<i>90-minute Therapeutic Massage</i>	\$95	\$100
<i>90-minute Sugar Scrub Massage</i>	\$100	\$105
<i>30-minute Ear Candling Session</i>	\$45	\$45
<i>60-minute Ear Candling & Massage</i>	\$85	\$85

To schedule: 478.757.7808, leave a detailed message and a therapist will return your call.

Cancellation Policy: Appointment "no shows" will be charged 50% of service rate. Appointments cancelled with less than 24 -hours notice will be charged 25% of service rate. If you need to reschedule, we are more than happy to help you do so with at least 24-hours notice. A credit card is required for your 1st booking. We thank you for honoring this.

Massage gift certificates make the perfect gift for family, friends and loved ones! Available at the front desk of the Wellness Center.

Navicent Health employees may payroll deduct services and/or gift card purchases.

3797 Northside Drive, Macon, GA 31210 478.477.2300

www.navicenthealth.org/wellnesscenter



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