



## **MEDIA RELEASE**

Contact: Megan Allen  
Publications Coordinator  
478.633.1527  
[Allen.Megan@NavicentHealth.org](mailto:Allen.Megan@NavicentHealth.org)

### **Children's Hospital, Navicent Health Hosts Free Camp for Grieving Children, Teens, Caregivers** *Fourth Annual Bo's Camp to Be Held September 25-27*

**MACON, GA (Monday, September 21, 2015)** – Children's Hospital, Navicent Health (CHNH) is accepting applications for its fourth annual Bo's Camp. Bo's Camp is a weekend bereavement camp for children and parents or guardians who have lost a loved one.

The camp will be held September 25-27 at Hephzibah Children's Home, 6601 Zebulon Rd. in Macon, and is free for participants. Those wishing to participate may download an application at [www.boscampacon.org](http://www.boscampacon.org).

Campers and their families will spend time with others who have experienced the loss of a loved one. The camp is divided into peer groups for children (ages 5-7, 8-10, 11-13), teenagers (ages 14-18) and parents or guardians. Throughout the weekend, campers are involved in family activities and age appropriate grief sessions, as well as variety of camp activities, including arts and crafts, and outdoor activities.

"The camp allows parents who have lost children and children who have lost significant loved ones to talk about their grief and learn healthy coping skills. We are able to provide hope and healing to families who are experiencing loss. They do not have to grieve alone," said Rebecca Cogburn, Director of Pediatric Critical Care at CHNH.

Last year, approximately 100 people participated in the camp, and it continues to grow each year. Bo's Camp is funded by donations from the community, and would not be possible without volunteer support. The staff and volunteers at Bo's Camp are specially trained to work with children and their families and include social workers, therapists and counselors, medical staff and chaplains.

#### **About Navicent Health**

Navicent Health was incorporated on November 17, 1994, as a nonprofit corporation whose primary purpose is to coordinate the Medical Center, Navicent Health and other affiliated entities in their mission of providing a comprehensive continuum of high quality, reasonably priced healthcare services to the region. Navicent Health has 830 beds for medical, surgical, rehabilitation and hospice purposes. The health system includes Medical Center, Navicent Health, a nationally recognized tertiary teaching hospital; Children's Hospital, Navicent Health, the region's only dedicated pediatric hospital; Medical Center of Peach County, Navicent Health, a rural critical access hospital; Rehabilitation Hospital, Navicent Health, the region's oldest and most experienced rehabilitation provider; Pine Pointe Hospice, Navicent Health, which provides palliative and hospice care in homes and in its facility; Carlyle Place, Navicent Health, the area's first continuing care retirement community; Medcen Community Health Foundation, Navicent Health, the philanthropic arm of Navicent Health; as well as diagnostic and home care services.

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